

SATURDAY MORNING TREKS

About Saturday Morning Treks

Age: 4-5 years
 Day/Session: 4 consecutive Saturday mornings
 Time: 9:00 a.m.-12:00 p.m.
 Cost: \$90 members; \$100 non-members

Saturday Morning Treks is an outdoor exploration program for 4 and 5 year old children that encourages them to develop their inquisitive minds while connecting with nature. Themed sessions allow the opportunity for children to gain a better understanding of the world around them through a variety of topics related to the animals, habitats and social history of Odiorne Point State Park. Through lessons, games, stories, crafts, observation and outdoor exploration, Trekkers gain skills that positively impact their well-being and development.

To ensure a safe and rewarding experience, our program is limited to 12 children, with a staff ratio of 1:4. Parents or a favorite adult may attend with their child for part or all of each morning. Children should always come prepared with outdoor clothing, boots or shoes that can get wet. We go out rain or shine. Please pack a snack that does not require refrigeration.

The cost per session is \$90 for members; \$100 for non-members. Become a member when you register and take advantage of the discount right away. Drop off begins at 8:30 a.m; pick up is at noon.

Sample Schedule

8:30-9:00	Drop-off and Individual Activity
9:15	Welcome and Walk About
9:30	Exploring the Indoor Exhibits
10:00	Mini Lesson and Outdoor Field Trip
11:00	Return to SSC and Snack
11:20	Craft
11:45	Story and/or Game Time
12:00	Pick-up

Please see over for registration form.

Fall I Session: Autumn Adventures

September 11 Beach Combing & Tide Pooling

Summer is coming to an end and soon the cool breeze of autumn will arrive. Let's explore the sandy beach at Frost Point and the giant tide pool at Seal Cove while the water is still warm. We'll observe and learn about the many animals that live at the rocky shore and see what the tide left behind at the beach.

September 18

Forest Floor Ecology

Have you ever looked under a rotted log? You might be surprised at how something, that is no longer alive, is teeming with life! Let's explore the forest floor for clues to many questions we will want to answer. Why are rotted logs important to some insects? What is a snag? Let's learn about decomposition and how soil is made. We'll uncover some of the secrets forest floor and a bug's life.



September 25

Animals of the Gulf of Maine

From mammals to molluscs, and crustaceans to cool fish, we will learn about the diversity of animals that live in the Gulf of Maine. We'll also learn about the behaviors and special adaptations animals have to help them survive the long, cold winters. Why do whales migrate to tropical water? Where do seals go for the winter? As we will hike the coastline, we will discover the answers to these questions and more.

October 2

Exploring Tidepools

Did you know that when the weather gets colder, many seaside animals head to deeper water? Let's return to the giant tide pool at Seal Cove. Do you think you might see as many crabs, sea stars and snails as we did during the summer? Let's become nature detectives as we re-examine this tide pool, looking for changes between our first visit and today.

For more information, please contact Marilyn at 603-436-8043, ext. 18 or m.gilmour@seacentr.org



Seacoast Science Center

570 Ocean Blvd., Rye, NH 03870 603-436-8043 seacoastsciencecenter.org

SATURDAY MORNING TREKS

Please complete one form per child.

Child's Name: _____
first last

Age: _____ male female
age date of birth

Parent/Guardian: _____
first last relationship

Address: _____
street

city state zip

Phone/Email: _____
day phone alternative phone email

We are members under this name (if different): _____

for office use		init	date
rec'd by:	_____	_____	_____
time:	_____	_____	_____
orig:	_____	_____	_____
copy:	_____	_____	_____
Tot Fund amt:	_____	_____	_____
payment rec'd:	_____	_____	_____
total:	_____	_____	_____

copied by _____
date _____

Saturday Morning Treks drop off begins at 8:30am; pick up is noon, sharp.

Fall I Session: September 11, 18, 25, and October 2

Check one: SSC member \$90/session \$ _____
 Non-member \$100/session \$ _____
 SSC Family Membership (\$65) + \$ _____
 Contribution to Tot Fund* + \$ _____
 Total Enclosed = \$ _____

Payment type: Check MC Discover Visa AMEX

Card No. _____ Expires: _____ Signature: _____

Mail to: **Seacoast Science Center, 570 Ocean Blvd., Rye, NH 03870-2104** or

Fax to: **603-433-2235** (please call to confirm that fax has been received)

For more info: Contact Marilyn at 603-436-8043, ext. 18 or m.gilmour@seacentr.org

The Tot Fund*

To help keep this program affordable for everyone, we have created the Tot Fund. This fund provides assistance to those otherwise unable to attend. We encourage your contributions to the Tot Fund; please make a tax deductible donation when you register. For more information on applying for Tot Fund assistance, please contact the Seacoast Science Center at 603-436-8043, ext. 18; m.gilmour@seacentr.org